

Banff and Yoho National Parks -- Canadian Rockies

	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity	Travel Day -- fly into Calgary and drive to Banff. Soak in Upper Hot Springs.	Adjustment day- Gondola ride - explore Banff Townsite including Fairmont Banff Springs Hotel	Hike up Tunnel Mountain. Walk around Fenlands or Vermillion Lake	Backpacking Trip to Egypt Lake via Healy Pass. Begin at Sunshine Meadows	Day Hike Egypt Lake area -- Whistling Pass, Scarab Lake and surrounds	Hike down via Healy Creek -- drive to Lake Louise area -- dinner out or at campsite/hostel	Visit Lake Louise and hike Plain of the Six Glaciers. Visit Lake Moraine in evening	Driving tour of Yoho National Park	Hike Paradise Valley trail. Travel back to Calgary at end of the day.
Sleep	Banff			Egypt Lake Campground		Lake Louise Area			Calgary Airport
\$	Tunnel Mountain Campground @ ~\$25 per night per site			~ \$24 per night per person		Lake Louise Campground @ ~\$25 per site			Prices range from ~\$105 to \$200
\$\$	Banff High Alpine Hostel @ ~ \$35 per night per person					Lake Louise Alpine Hostel @ ~\$ 38 per person			
\$\$\$	Banff Springs Lodge @ ~ \$180-200 per room per night					Lake Louise Inn @ ~\$ 150 per room			
dinner suggestions		Melissa's Misteak, Coyote Grill or Rose and Crown		Food from Banff grocery or outfitter		Lakeview Lounge, Bill Peyto's Grill at Alpine Hostel, Timberland Pizza and Café			One last meal in Banff??
other suggested activities	Drive to Lake Minnewanka with stop at Johnson Lake. Drive up the Norquay Ski Resort road in the evening to see the valley below. Rent bikes and explore the Banff Legacy Trail.			Watch sunrise at Egypt Lake shore. Take shorter hikes in the area. Hang out at the bridge on creek. Check out the Ranger Station.		Take a ride on the Lake Louise Ski Area Gondola. Drive up the Icefields Parkway to Bow Lake. Go to Laggan's Bakery in the Lake Louise Plaza for scrumptious breakfast and lunch items to take on the trail.			